



Sehat Zamin is a comprehensive, Shariah-compliant health protection plan offered by EFU Hemayah and distributed through Takaful Bazaar. This flexible health coverage allows clients select coverage levels based on their needs while offering peace of mind through consistent, portable coverage.

Hospitalization & Benefits						
Benefits	Platinum	Gold	Silver	Bronze		
Dements	Coverage Per Person					
H&R Limits (Per Person / Per Year)	Rs.500,000	Rs.350,000	Rs.200,000	Rs.100,000		
Room & Board (per day)	Private Room	Semi-Private	Semi - Private	General		
Per & Post Hospitalization Sub Limit (Covering Consultation, Medicines, andlab tests preceding admission to the hospital and after discharge from hospital)	30 Days	30 Days	30 Days	30 Days		
Intensive care Unit	Actual	Actual	Actual	Actual		
Special Investigations	MRI, CT Scan & Thallium Scan					
Daycare Surgeries & Specialized Investigations In Outpatient SettingsIncluding but not limited to: Dialysis, Cataract Surgery, MRI, CT	COVERED	COVERED	COVERED	COVERED		
Scan, Endoscopy, Thallium Scan, Angiography, Treatment of Fractures, Emergency Dental Treatment due to accidental injuries within 48 hours (for pain relief only).						
Emergency Accidental OutpatientExpense (Sub Limits)	Rs. 50,000	Rs. 35,000	Rs. 20,000	Rs. 10,000		
Pre-Existing conditions Covered	1 st year 25% of Annual Limit 2 nd year 50% of Annual Limit 3 rd year 75% of Annual Limit 4 th year onwards 100% of Annual Limit					
Local Ambulance Cover	Covered	Covered	Covered	Covered		
Emergency International Expenses	Reimbursement only – in line with network hospital					
Inadmissible conditions	Diabetes, HIV AIDS, Cancer					
Exclusions	Pregnancy, Child Birth, OPD, Congenital Birth defects, War, Invasion,Infertility treatments, Routine Medical Checkups, Cosmetic treatments, etc					





Contributions:

Age Next Birthday	Platinum	Gold	Silver	Bronze
3 month-17 years	12,365	9,468	6,709	3,767
18 - 45 years	11,000	8,000	6,000	4,000
46 - 59 years	14,000	11,000	8,000	5,000
60 - 65 years	21,000	16,000	12,000	7,000

Key

Coverage Term	o Annually	
Covered Ages	 Adults: 18 – 65 (Self, Spouse, Children) Children: Newborn shall be enrolled at the time of birth and the coveragestarts after 2 months Son: Up to 25 years Daughter: Until marriage 	
Free look Period	o 14 Days from the date of deduction	
Waiting Period	 o 15 Days from the date of deduction (Only accidental emergencies are covered during waiting period) 	

Exclusions:

The following Treatments, events, conditions, activities and their related or consequential expenses are excluded from the Policy, unless specifically agreed upon in writing by the Company:

- a. Any treatment or operation deemed 'medically unnecessary' including plastic surgery, spa treatment, tests or treatments related to fertility, infertility, contraception or sterilization and prostheses, corrective devices and medical appliances not surgically required.
- b. Birth defects or congenital Illness.
- c. Self-inflicted Injury, attempted suicide, abuse of alcohol, drug addiction or abuse and Treatment of any sexually transmitted diseases.
- d. Psychotic, mental or nervous disorders (including any neuroses and their physiological or psychosomatic manifestations) or sexual reassignment (whether or not for psychological reasons).
- e. Any experimental or unproven Treatment.
- f. Participating in exercises or operations while serving with either of the armed or paramilitary forces or while performing any form of police duty.
- g. Injury or Illness due to Natural Catastrophes, Epidemic, including, but not limited to, flood, earthquake, avalanche and cyclone.
- h. Treatment received outside Pakistan.
- i. Maternity
- j. Any cosmetic surgeries.